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STAMP Participant Debrief Form

Revised December 2017

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ STAMP Team: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Trip Dates: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Leader(s): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

*Thank you for taking the time to serve the Lord and others on your STAMP trip! The GO Committee hopes and prays that you had a profitable trip. Making time for thoughtful reflection of your STAMP experience can be spiritually rewarding. Your feedback will also help us improve the quality of our STAMP ministry. Your Debrief Form will be kept confidential, with only your Team Leader(s) and possibly the Director of Global Outreach reading them. Feel free to use the back of these pages if necessary. Completed copies should be returned to the Team Leader(s) within one month of return*

**GENERAL**

1. What was the most rewarding aspect of your STAMP experience?

2. What was the most disappointing aspect of your STAMP experience? Why? What could have prevented this or encouraged you more?

**HEALTH**

3. How was your health during your stay?  
  
  
  
4. If you were ill, how did it affect your ministry? Your relationship with others?  
  
  
  
  
**MINISTRY**

5. Was your project challenging and rewarding to you? Why? Why not?  
  
  
  
  
  
  
6. What would you do differently if you were to go on another STAMP team?

7. In what ways do you see your service project reflecting the gospel?

**CULTURE AND LANGUAGE**

8. What aspects of the culture did you enjoy the most? Why? Which did you learn the most from?

9. What aspects of the culture were most difficult for you to accept? Why?  
  
  
  
  
  
**SPIRITUAL**

10. What have been your most significant spiritual lessons learned or insights gained?

11. How did your STAMP experience affect your understanding of:

A. Yourself:  
  
  
  
  
  
B. Your obligation to others:

C. Your view of the "good life":

**TEAM LIFE**

12. Please comment on the ability of your team to live and work together.  
  
  
  
  
  
  
13. Please comment on your *personal* ability to live and work as a team member.

**OTHER**

14. Would you recommend that The Moody Church send another team to this ministry? Please elaborate.

15. Please share your comments on overall team preparation, requirements, communication, and value of the trip. In short, how can we improve our STAMP ministry based on your experiences?

16. Is there anything else that you think is important to consider?  
  
  
  
  
  
  
  
  
**SUMMARY**

17. In a single sentence, write your answer to the question, "How was your trip?"