Light and Life Class

May 5, 2019

Psalm 121

A. review: the “psalms of ascents”

B. outline of Psalm 121

1. vv. 1-2: the identity of our Helper

2. vv. 3b-4: the special reason the Helper is always available to help us

3. vv. 4a, 5-8: how the Helper helps us his people